

HOW TO USE NEXUS ALKALINE WATER IONIZER

USES OF ALKALINE WATER AT DIFFERENT LEVELS (POTABLE WATER)

ALKALINE 1 : If you have not consumed alkaline ionized water before, alkaline 1 should also be consumed between 4 and 7 days to get your body used to it.

ALKALINE 2 : After the acclimatization process is completed, the continuous consumption mode should be alkaline 2. This level of water is suitable for making dishes such as bulgur and pilaf.

ALKALINE 3 : This level is perfect for making tea and coffee as it removes the bitter taste and enhances the aroma.

ALKALINE 4 : It has a strong detox (cleansing from toxins, harmful substances) effect. It can be used during detox periods. It is used for cleaning pesticides (agricultural pesticides) on foods. After soaking your foods such as fruits, vegetables and legumes in alkaline water for 10-20 minutes, you can wash them with acidic water (acidic 2 level) to make them suitable for eating. This is a great level for cooking your vegetable dishes, as it will remove the bitter taste of the vegetables and allow their colors to come out more.

IMPORTANT NOTES: Alkaline 3 and 4 modes are not recommended for continuous consumption. "if there is no health problem" You can drink water at these levels from time to time to strengthen your immunity. When you drink the water you get at Alkaline 4, your energy will be restored, you can consume (max 4 glasses) in cases of malaise, weakness, etc. during the day.

IMPORTANT NOTES: Why does alkaline ionized water leave white residue on the tools and equipment used?

Answer: This is because mineral hydroxides in alkaline water are more hydrophobic - more difficult to dissolve - than mineral carbonates in tap water. Because mineral hydroxides are more hydrophobic, they separate from the water faster than mineral carbonates, so they form faster on glasses and cookware.

FDA's view on mineral hydroxides

Mineral hydroxides in alkaline ionized water - calcium hydroxide and magnesium hydroxide - are good for you. According to the FDA, both calcium hydroxide and magnesium hydroxide are widely used as nutrients in food and supplements. For example, calcium hydroxide is used in baby formula and orange juice to fortify them with calcium. The FDA lists both in its Generally Recognized as Safe (GRAS) database.

USEFUL INFORMATION

- You can also fill alkaline 4 when traveling or when you want to carry your water with you during the day.
- The container for storing alkaline water should be glass or ceramic. Protect your alkaline water from direct sunlight. It is always ideal to consume fresh alkaline water from your device on a daily basis (the mineral structure will change after 48 hours).

- Do not store or keep alkaline water in stainless steel, bronze, aluminum and similar containers.
- Keep the box, the parts left over after installation and the foam material used in the packaging for future use when you want to move or transport the device.
- After the filter is activated, if it is not used for 4 months or more, its structure may change or deteriorate.
- Reasons for encountering strange odor and taste in alkaline water;

*Clogging of the filter due to aging of the filter due to normal use or sudden decrease in the quality of the water used "Solution: Replace your filter. "*Another reason; sudden change in water quality due to an increase in choline level. During the summer months, some regions may have high choline levels in their water. This level drops to safe drinking water standards, but it reacts with ionized water and causes a peculiar odor. Solution; choose a low alkaline ph level and use it at a low level for a while, if there is still odor, you may need to replace your filter.

-Protect your ionizer from direct sunlight.

-If you will not be using your appliance for an extended period of time, unplug it from the mains socket or turn the power switch on the back of the main system to the off position.

USES OF ACIDIC WATER AT DIFFERENT LEVELS (FOR EXTERNAL USE, DO NOT DRINK!)

ACIDIC 1 : Can be used when brushing your teeth and gargling (oral care).

ACIDIC 2 : It has pore tightening (tonic) effect. It can be used as hand face washing, skin care, make-up removal, after shaving lotion for men. It has blood stopping properties, you can hold it in this water when you are injured, you can stop the blood flow, you can use it in daily dressing to heal your wounds quickly and reduce scarring.

ACIDIC 3 : It can be used in the kitchen, cleaning of kitchen utensils and cleaning processes in all areas of the house.

ACIDIC 4: Can be used for sterilization purposes.

USEFUL INFORMATION

- Acidic water can be used for flower and plant care" Pay attention to whether the soil structure of your plant should be alkaline or acidic!
- Due to the high level of calcium and minerals in the device, there may be calcium deposits in the hoses. To prevent this, run your device in acidic mode for 2 minutes every day.
- Acidic water can be stored for 3 months.

FIED MODE (NEUTRAL WATER)

When taking your medicines, you should drink filtered water. Baby food should be prepared with filtered water.

NOTES: There are 2 water outlets in the water ionizer working system and there is a cycle between the taps in the selections you make. In alkaline selection, alkaline water flows from the upper faucet while acidic water flows from the faucet below. In the acidic selection, acidic water flows from the upper faucet while alkaline water flows from the lower faucet. The level of the selected level will be the level of the water flowing from the other faucet, for example; in alkaline 1 selection, alkaline 1 flows from the upper faucet and acidic 1 flows from the lower faucet, in acidic 1 selection, acidic 1 flows from the upper faucet and alkaline 1 flows from the lower faucet.

-In the Filtered selection, only water flows from the top tap.